

Goal Setting Worksheet

I am starting my business for the following reasons.

What is important to you? - Check all that apply.

- | | | | |
|---|---|---|---|
| <input type="checkbox"/> Early Retirement | <input type="checkbox"/> New Car | <input type="checkbox"/> Vacation Home | <input type="checkbox"/> Charity |
| <input type="checkbox"/> New Home | <input type="checkbox"/> Travel the World | <input type="checkbox"/> Helping Family | <input type="checkbox"/> Children's Education |
| <input type="checkbox"/> More Family Time | <input type="checkbox"/> Debt Free | <input type="checkbox"/> Time / Freedom | <input type="checkbox"/> Financial Security |

What else? Dream...

You've been told that you won the Publishers Clearing House \$5 million Sweepstakes giveaway. In order of priority, what would you do or buy with that money? (be specific)

Most Important Goal

What is your most important goal to achieve as a result of your new business?

Income Goal

What are your income goals?

3 Months _____

6 Months _____

1 Year _____

3 Years _____

Your Perfect Day

Albert Einstein once said, "Your imagination is the preview to life's coming attractions." It is now time to put your imagination to use. Pretend you have just been hired by a famous Hollywood director to write the screenplay for your perfect day. Write what your perfect day would be like five years from today. Where would you wake up? What time would you wake up? What kind of house would it be? (describe it in detail) What would you do when you woke up? Where would you go? In what kind of car would you be driving around town? etc. Write in detail what your perfect day would be like five years from today.



I/We (am/are) committed to the following:

_____ hours per week to work the business.

Sharing the business _____ times per week (warm market, leads or cold prospects)

Sponsoring a minimum of _____ distributors per week

Be in constant communication with my active upline. (active = someone committed to building MonaVie daily who has a positive attitude)

I/hereby commit to the above goals and will be teachable as well as stay in weekly communication with my sponsor and active upline.

PRINT NAME

DATE

SIGNATURE

PRINT NAME

DATE

SIGNATURE

